

Feile Rinci na Nollag



Non Costume Feis

**Maryhill Community Halls
Maryhill Road
Glasgow**

Saturday 6th December 2025

Registered with An Coimisiún le Rincí Gaelacha

Adjudicators

Grainne Ni Chonchbhair ADCRG
Audrey Bermingham ADCRG
Mariam Elbadri McAuley ADCRG
Owen Joe McAuley ADCRG

Dublin
Dublin
Dublin
Dublin

Musicians

Martin Daly
Orla Bruce

Glasgow
Glasgow

Feis Secretary

Mr Owen McAuley ADCRG, 348 Montford Avenue, Glasgow, G73 2EE
Tel: 0141 647 2671 Mob: 07899044624

Fees

Solo Dancing	£5.50	<i>Closing Date for Entries 21st November 2025</i>
Trophy Reel	£6.00	
Premiership	£7.00	
First Feis	£4.00	
Family Max	£70.00	
Admission	£5.00	
Concession	£2.00	

**Refunds are available on entry fees, if requested by closing date for entries.*

Official entry forms must reach the Feis Secretary by:

Thursday 21st November 2025

Payment by Cheque or BACS to

Mr Owen G McAuley

**School must be referenced in any BACS transfer*

Bank transfer details:

Sort Code- 87 37 15

Account Number- 00010939

Age to be taken as at 1st January 2025

Solo Grades & Premier Trophy Dances

Age Group	<i>Trophy Reel</i>	<i>Single Jig</i>	<i>Light Jig</i>	<i>Slip Jig</i>	<i>Heavy Jig</i>	<i>Hornpipe</i>	<i>Premiership</i>
U6	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	P,I,O	Reel Single Jig
U7	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	Reel Single Jig
U8	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	Reel Jig or Hornpipe
U9	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	Reel or Slip Jig Jig or Hornpipe
U10	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	Reel or Slip Jig Jig or Hornpipe
U11	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	Reel or Slip Jig Jig or Hornpipe
U12	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	B,P,I,O	Reel or Slip Jig Jig or Hornpipe
U13	B,P,I,O	B,P,I	B,P,I	B,P,I,O	B,P,I,O	B,P,I,O	Reel or Slip Jig Jig or Hornpipe
O13	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	
U14	O			O	O	O	Reel or Slip Jig Jig or Hornpipe

U15	O			O	O	O	Reel or Slip Jig Jig or Hornpipe
U16	O			O	O	O	Reel or Slip Jig Jig or Hornpipe
O16	O			O	O	O	Reel or Slip Jig Jig or Hornpipe

Each Premiership will be step along the line. Under 6 and Under 7 age groups will dance 32 bars in the reel and 40 bars in the single jig.

The First Feis competition will run if sufficient numbers have entered and is open to dancers who have never competed at a feis before.

The Syllabus cannot be shared on anonymous social media platforms.

Feis Rules

1. All rules of An Coimisiún le Rincí Gaelacha are applicable to this feis unless stipulated that an agreed local rule applies.
2. Entries will only be accepted directly from teachers registered with AN COIMISIUN LE RINCI GAELACHA.
3. All entries must be made on the enclosed official entry forms, which must be fully completed and signed by the teacher. Entries will only be accepted from teacher's en-bloc and not on an individual basis. The dancer's FULL FIRST and SURNAME must be entered in BLOCK CAPITALS.

One cheque or BACS Payment per school.

4. The Feis Committee may modify or cancel any arrangements detailed in this syllabus as is deemed necessary, subject to the approval of The SRC or An Coimisiún le Rincí Gaelacha.
5. The Adjudicator's decisions are final. Subject to the rules of the syllabus.
6. Adjudicators **MUST NOT** be approached by any teacher, parent or competitor whilst the adjudicators are employed to carry out their duties at the competition. Only those officiating at the competition may approach adjudicators on matters relating to the competition.
7. Complaints must be submitted in writing with a £50 fee to the Feis Secretary within an hour of the incident to which the complaint relates. The fee will be returned if the complaint is upheld.
8. Competitors must be present when their competition is called and fully obey all directions from the Feis Stewards and Officials or they may lose their right to dance.
9. Competitors must dance in strict numerical order and be in costume ready to dance no less than 30 minutes before the times scheduled for their competitions.
10. Competitors must use the designated areas to practice and must not practice in the competition halls, corridors, side stage etc. This rule will be strictly enforced. Any dancer found causing damage to floor surfaces out with the areas designated as official practice areas will be held personally liable for any necessary repairs and associated costs.
11. Tempos for Intermediate and Open competitions and Open Premierships will be the same as those stipulated for the World Championships.

All grade competitions are open to competitors from all regions. Speeds will be in accordance with those stipulated by the Scottish Regional Council and ALL other regions in Great Britain. All agreed speeds are outlined below.

	Reel	Single Jig	Light Jig	Slip Jig	Heavy Jig	Hornpipe
Beginner	122/124	124	116	124	96	144
Primary	116/118	124	116	120	76	118
Intermediate	113	124	116	113	73	113
Open	113	124	116	113	73	113

12. Beginners are only permitted to dance steps equivalent to the basic reel, single jig, light jig, slip jig, heavy jig and hornpipe. Any competitors performing steps of a harder degree of difficulty in the beginner's grade may be disqualified from that particular competition.

13. Make-up Rules (4.5 in CLRG Rule Book):
4.5.1 Make-up will not be permitted for any dancer in the first two grades (Beginner and Primary) up to and including the Under 12 age group worldwide. 4.5.2 Make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group. (POINT OF CLARIFICATION) For the purposes of this rule the term "make up" includes tinted moisturiser and any artificial tanning products.
An Coimisiún hopes that teachers and parents will interpret and apply this rule in the spirit in which it is intended. Effective March 1st, 2014.
14. First Aiders will be available should anyone need their assistance during the Feis.
15. **Coaching is strictly prohibited whilst dancers are on stage during any competition, no matter what grade. This rule has specifically been laid down by The SRC. Failure to comply with this could result in disqualification of the dancer.**
16. Beginner – A dancer winning 1st in beginner grade, when there are 6 or more competitors, must dance that particular dance in primary grade (or above) for a period of at least 12 months.
17. Primary – A dancer winning 1st in primary grade, when there are 6 or more competitors, must dance that particular dance in intermediate grade (or above) for a period of at least 12 months.
18. Intermediate – A dancer winning 1st in intermediate grade, when there are 6 or more competitors, must dance that particular dance in open grade for a period of at least 12 months.
19. Open – A dancer winning 1st, 2nd or 3rd in open grade must dance that particular dance in open grade for a period of at least 12 months.
20. All dancers must be in full costume and appropriate black footwear when receiving awards, otherwise such awards may be forfeited.
21. Dancers in Beginner and Primary competitions up to and including the Under 12 age group may only wear class costume, skirt and blouse or appropriate civilian clothing. Low cut tops or short tight skirts are not permitted. Failure to comply with this rule may lead to disqualification from the competition.
22. Toe blocks or any other footwork danced "en-point" whether stationary or moving is not permitted for those dancers **up to and including Under 11** **For clarification purposes, this means that if the full weight is put on the foot, that is en point, which is not allowed in any movement. (Effective 27/01/2019 per rule 4.6.2 Rules for Registered Teachers & Adjudicators)*
23. Changing facilities will be provided and must be used. No changing in the halls will be allowed. The use of hairspray will only be permitted in designated changing areas. **No hairspray is to be used in competition halls or corridors.**
24. The dress code in accordance with An Coimisiún Le Rincí Gaelacha rules will be strictly observed. i.e. for the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the Feis scantily dressed.
25. Any form of unauthorised photography which has the capacity to capture a dancer's image in motion, using electrical or manual means, e.g. mobile phone, standard camera, video camera, cine recorder, commercial film, with or without flash enhancement, is strictly forbidden in competition by anyone except the official feis photographer. The official feis photographer has been vetted in accordance with An Coimisiún Le Rincí Gaelacha guidelines.
26. **PLEASE NOTE** – Should you wish your child / children to be excluded from being photographed during their performance or throughout the event, this should be advised in advance. Updates will be posted on social media throughout the day, therefore it is imperative that feis organisers are advised of anyone who is to be omitted.
27. The Committee are not responsible for any property lost during the Feis and everyone is advised not to leave bags or clothing etc. unattended.
28. Smoking is not permitted anywhere in the venue or its grounds.
29. The SRC has a zero tolerance on the consumption of alcohol in all areas of feisanna. Furthermore, the consumption of alcohol on non-licensed premises is a breach of Scottish law and may be subject to prosecution by the appropriate authorities